

Healthy Tans Spray Tanning Studio

Consent Form

You have agreed to participate in a spray tanning session to achieve a “sunless” tan on your skin. To help you best achieve your desired results, please read the following carefully and acknowledge your understanding and agreement by signing below.

Spray tanning is accomplished by application of a solution containing the active ingredient Dihydroxyacetone (DHA). The sunless solution is sprayed onto the skin manually using a spray gun. DHA has been approved by the FDA for cosmetic use, and when used according to FDA guidelines spray tanning is perfectly safe. Healthy Tans provides a healthy environment with a state-of-art ventilation system. In addition to good ventilation, the FDA recommends the use of nose filters, protective eyewear, lip balm for lips, and having the client wear a thong or panty.

- DHA reacts with the skin’s amino acids resulting in a “tan” similar to that of the sun, but with no UV danger. Sunless tanning does not provide any UV protection; use SPF sun protection as usual.
- If you have sensitive skin or allergies to sunless tanning products containing DHA, or if you are unsure whether you maybe allergic to DHA, we strongly suggest consulting your physician prior to tanning. Allergic reactions such as minor skin rash are extremely rare, but possible. If you have never used a sunless tanning product, we suggest a patch test 24 hours before the full body application. Healthy Tans is not responsible for any allergic reactions that may occur after or during use.
- If you have a history of asthma or other respiratory or medical conditions that could be aggravated by the use of the spray tanning process, please consult a physician before proceeding. Please tell your tanning technician about any past allergic reactions with DHA products or other medical concerns. Healthy Tans is not responsible for the aggravation of any medical conditions that may occur after or during use.
- Some of the ingredients in our solution contain a sugar base and application can cause a rise in blood sugar levels. If you are diabetic or have medical conditions that can be affected or aggravated by a rise in blood sugar, please consult your physician before use.
- You should prepare your skin for your session prior to your arrival. Skin should be free of deodorant, sweat, fragrances, lotions, and it should be clean, dry, exfoliated (removal of dead, dry skin cells) and shaved. Remove all make-up and do not wear jewelry of any kind. If you attend a spray tanning session without proper preparation, Healthy Tans cannot guarantee lasting or satisfactory results.
- The bronzers in sunless solutions used during your session have the potential to stain clothing. We recommend that you wear something dark in color that can be stained without concern. After your tanning session, you should wear dark, loose fitting clothes.
- It is also possible that the sunless solution may transfer to other clothing, furniture or car seats after your session. Washing or dry-cleaning will usually, but not always, remove the color. We suggest bringing a towel to cover your car seat. Healthy Tans is not responsible for potential stains to clothing or upholstery. Please be conscientious and careful.
- Your tanning session will take approximately 20 minutes. After spraying, your skin should be dry before putting your clothes back on and you should not bathe, shower or sweat excessively for 8 to 10 hours. Exposure to excessive moisture before this time period may affect your results. When your session is over the solution will give you an immediate bronzing effect. When you shower, the bronzer will come off and reveal your true tan color.

Client Conditions:

- Healthy Tans will not provide spray tanning services to women who are pregnant or nursing; however, exception will be made if the client can provide written permission from their physician prior to application.
- Healthy Tans will not provide spray tanning services to men.
- Female clients, 18 years of age and over, may choose to receive spray tanning services topless, but must minimally wear a thong or panties.
- Female clients, under the age of 18, must be accompanied by a parent or legal guardian, or have approval using the form below.
- Healthy Tans will not be responsible for lost, stolen, or damaged personal items.

The spray tanning process has been explained to me and I hereby agree to allow *Healthy Tans Spray Tanning Studio* to apply sunless solution to my skin using the spray tanning process. To my knowledge, I have no medical condition or allergy which would preclude me from having this procedure done. I agree to hold harmless *Healthy Tans Spray Tanning Studio* of any medical complications that may arise and I have been advised to discontinue use if any reaction occurs. I understand that the results of spray tanning do vary and that no guarantees of specific results are offered or implied. I hereby release this establishment, as well as the spray tanning technician, and hold them harmless from any liability involved in the use of or arising during the tanning process. I also agree to first contact Healthy Tans if for any reason I am dissatisfied with my results.

I have read and completely understand this consent form.

Print Name: _____

Signature: _____

Date: _____

If I am under the age of 18, and am not accompanied by a parent or legal guardian, my parent or legal guardian has read and understood the above and provided their consent and approval for my tanning session with the signature below. All information is required. Healthy Tans reserves the right to refuse service if the person signing below cannot be contacted prior to my session.

Parent or Guardian Name: _____

Signature: _____

Date: _____ Phone Number: _____

Healthy
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